#### **Internet Safety**

### **Staying Safe Online**

The Internet is a great place to socialize, but it is important to be aware of risks.

Common sense and following safety guidelines can help you stay safe online.

### **Safety Guidelines**

- Be wary when communicating with people you don't know in real life
- Don't disclose personal information--even if it doesn't seem important
- Block/report if you are being harassed
- Ask a trusted adult if you need help

### Be wary of strangers



- If a person reaches out to you online claiming to know you, proceed with caution
- Ask friends if they are being contacted as well
- It's very easy for a person to be dishonest online--it's good to be wary

## Don't disclose personal information



- Usernames should not contain personal information (full name, birthday, age)
- Be careful with information about your life, even if it feels unimportant (school mascot, schedule)
- If somebody is asking you for personal information online, stop communication

# Don't be afraid to block or report



- If you feel uncomfortable with an interaction, stop communication
- Block communication if needed
- If person continues to reach out, report harassment to the website admin

#### Ask for help



If you aren't sure how to deal with an online interaction, talk to a trusted adult (parent, teacher, coach)

### Use common sense



If a situation doesn't feel right, trust your instincts.

- Expectations of privacy when using:
  - The Internet
    - Social networking sites
    - Email
    - File sharing
    - Instant messaging
  - Mobile applications
  - Desktop software
  - Business software
  - Corporate network

- Written policies and procedures
- Handling of confidential information
  - Passwords
  - Personal information
  - Customer information
  - Company confidential information